

Movements for Set a Place At Your Table

from **Worship Today**
choreographed by Allison Gilliam

A truly innovative way to introduce the Lord's Supper

Words & Music by Randy Cox
Arranged by Kyle Hill

Use two four foot tables placed together on the platform and cover with two ironed sheets with the third draped diagonally on top of the other two for a finished look (can take to the cleaners and have them starched). Use a candelabrum in the middle of the table. A plate for the bread (body) and a chalice (blood) is needed. Go to your local craft shop for a pitcher for the wine, artificial loaves of bread, wheat sheaths, and cluster of grapes)

Note: Movements are easy if everyone lets the elbow lead for every movement.

As the music begins, someone comes to light the candelabrum.

Set a place at your table—1st person comes to the table and stands at one end (2nd time, a couple comes and stands in the middle of the table on the far side of the table)—**gracious Father, for us**—and stand there, hands lightly touching table

Set a place at your table—2nd person comes to the table and stands at the opposite end (2nd time, two young people come and stand on either side of the couple on the far side of the table, hands lightly touching table)—**seat us near You, we trust**—and stand there, hands lightly touching table

***At the invitation**—hands lead arms upward, palms together like a book & UP—**of your**—elbows DOWN—spirit—arms half extended—**O**—elbows DOWN—**God**—arms fully extended*

Set a Place at Your Table, cont.

May—*elbows DOWN—the*—*hands pressed together, pointed outward—gentle, moving presence*—*weaving out closed hands toward congregation—move us*—*hands come apart, making an arc—closer—fingers flexing toward palms, in invitation for all to come “ closer”, elbows back to body*

Set a place at your table—*arms down and hands lightly touching table—we’ll sit—sit—down.*

(GO BACK TO THE BEGINNING—the 2nd time only the four on the far side go through motions until all six are seated)

Serve your—*couple stand one at a time and lift plate & cup—body and blood, the*—*one young person stands and lifts loaf of bread—bread and the*—*other young person stands and lifts a pitcher—wine, made of—1st person who came stands and lifts bunch of wheat—substance of earth, the—2nd person who came stands and lifts batch of grapes—fruit of the vine; Use the*—*all lift items as high as possible—gifts of this table to nourish our souls and*—*slowly bring items back to table and set them down—strengthen us in all we do—hands rest on table and remain standing. NOTICE THAT EVERYONE IS NOW STANDING!*

Set a place at your table—*older couple come to their places at the center of the table facing away from the congregation—Set a place at your Table—two children come to their places at either side of the older couple*

All ten people REPEAT the actions of the lines within the asterisk.

*The only other motion will be to put arms around each other after **may the gentle, moving presence**—arms around each other—**move us closer, O God** As the songs ends, older couple and children sit at the 1st **we’ll sit down**; younger couple and youth on either side sit at the 2nd **we’ll sit down**; 1st and 2nd persons, **the 3rd***

After the song is completed, the pastor will lead a prayer before all at the table take their places at different stations to administer the elements while all come forward to take communion.

